



# WOMEN'S HEALTH

## How Long Have You Been Waiting To Get Pregnant?

(NAPSA)—Couples embarking on the journey of starting a family are often disappointed when they don't conceive right away. Infertility is normally diagnosed if a couple is not able to get pregnant after one year of unprotected, well-timed intercourse. For the estimated 6.1 million Americans struggling to have a baby, [www.fertilityjourney.com](http://www.fertilityjourney.com) is a recently launched Web site that provides educational resources to help men and women stay informed, manage issues associated with fertility and access resources that will help them best meet their personal needs.

### Understanding Infertility

Infertility is a medical condition that results when one or both individuals have physical problems that interfere with reproduction. Since fertility problems tend to increase with age, women over 35 are encouraged to seek a fertility evaluation sooner than one year. Starting treatment early is a key factor in achieving pregnancy as quickly as possible.

### The Fertility Journey

One of the most crucial steps when trying to conceive is understanding the process and knowing



what to expect along the way. Wherever a woman is in her quest to become pregnant, [www.fertilityjourney.com](http://www.fertilityjourney.com) provides helpful guidance on topics, such as:

- Testing and diagnosis
- Medical treatment coverage
- Financial planning
- Therapeutic options
- Finding a clinic
- Coping with the anxiety that comes when conceiving is difficult

Visitors to the site can also register to receive a free monthly e-newsletter and request brochures about the latest medical developments. Visit [www.fertilityjourney.com](http://www.fertilityjourney.com) to get the information, guidance and support you need.