



How To Be An Action Hero

(NAPSA)—If you want to be like James Bond or Charlie's Angels, a new book can show you how.

- Need to know who's been in your house? Use pencil lead and clear tape to pick up fingerprints and save them on index cards. Then you can compare the prints to those of your suspects.

- Worried who might be in the



hall outside your hotel room? Stand on the hinge side. Verify the other person's identity before you open the door. Compare the face on the ID badge with the face in the peep-

hole. Try to get deliveries left in the hallway, and don't retrieve them until the deliverer is gone.

- Need to perform the Jedi Mind Trick? It's really a technique of neurolinguistic programming called "mirroring." As the name suggests, you pretend the other person is looking into a mirror—you. For instance, sit in the same position as your subject and use similar metaphors and terminology. Be subtle. Eventually, you can take the lead.

The light-hearted but delightfully useful *Action Hero's Handbook* (Quirk Books, \$14.95), by David and Joe Borgenricht, teaches you all these tricks and more from your favorite action movies and TV shows.

Five chapters show you how to brush up your good guy skills, your love skills, your paranormal skills, your fighting skills and your escape skills.

David Borgenricht is the co-author of the *Worst-Case Scenario Survival Handbook*. For more information, visit www.quirkbooks.com. You can find *The Action Hero's Handbook* at local bookstores.