

HOW TO DATE MEN

(NAPSA)—For women, the hardest part of dating may be understanding how men's minds work. Fortunately, there's expert help.

Janis Spindel, known as "America's Top Matchmaker," has written a fun book, "How To Date Men" (Plume). Spindel uses her 14 years of matchmaking expertise to

offer insight into dating.

Her clients (all men) tend to tell her exactly what they want in a relationship and in the process reveal many secrets of the male brain.



In her book, she offers a step-by-step plan for winning a man's heart, full of secrets and some surprising tips, such as: It's okay to ask a guy for his number as long as you do it with confidence. Forget the rules—always call him back within 24 hours. Don't wear your work clothes on a date. Pay him a compliment—he'll love it.

Spindel explains what men are looking for in the beginning of a relationship, what makes them commit and how to tell when it's not working out. Altogether, she has 760 marriages to her credit.

Entertaining and empowering, the book can be the next best thing to a private—and pricey—appointment with one of the nation's top matchmakers. Visit her Web site at www.janisspindelmatchmaker.com.

The book is available where books are sold or can be found at www.penguingroup.com.