

Mother's Day Tips

How To Honor Your Mother

(NAPSA)—There are 2 billion mothers in the world—over 85 million in the U.S.

In honor of Mother's Day, here are some fun facts and expert tips to help you celebrate:

- Mother's Day was started in 1908 by Anna Jarvis, who asked everyone at her church to wear a carnation in honor of her mother and their own.
- In 1914, Woodrow Wilson proclaimed that the second Sunday in May would officially be Mother's Day.
- According to the National Retail Federation, the average person spends about \$170 on Mother's Day.
- Approximately 122 million phone calls are made to moms on Mother's Day in the United States.
- There's a saying: When a child is born, so is a mother. She takes on many important roles: friend, mentor, teacher, helping us become who we are.
- If you're like most Americans, your mom has been there for the big milestones, but she's probably also there for life's little moments, supporting and guiding you in small, subtle ways.
- This year, Mother's Day is on May 14, and that day and every day, you can thank her—as well as your grandmother, sister, aunt, wife or stepmother—for all she's done, even the things that went unnoticed.
- The top 10 most popular flowers by type on Mother's Day are hydrangeas, roses, orchids, tulips, daisies, calla lilies, gardenias, lilies, sunflowers and Gerbera daisies.
- A great way to let her know how much she inspires you every single day is by sending a truly original gift from 1-800-Flowers.com. There, you can find just about everything, from arrangements filled with beautiful flowers to personalized keepsakes she'll cherish forever to delicious treats that let her know just how sweet she is, plus many other unique Mother's Day sur-



The Bird House of Blooms lets loving thoughts take wing.

1-800-Flowers.com

prises she'll never forget.

Although she'll tell you it's the thought that counts, it's always nice to find a gift that captures her personality or interests.

For example, if she's a dog lover, she'll love this playful floral pup from the exclusive a-DOG-able® Collection, peeking out over the rim of a watering can.



Splendid and Sweet is what Mom will think of you when you get her this.

asters and more, all in a refillable Mason jar she can use to hold homemade preserves and pickles.



Make Mom's day with this Make Her Day Bouquet.

If your mother's more the elegant dinner party type, consider a fresh gathering of lavender roses, soft blue delphinium, pink lilies and more in an antique-inspired ceramic white pitcher she can use again and again.

You can find all these and many more ways to show your mother how much you appreciate her at www.1800flowers.com.