

## Health Watch

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### Immune-Boosting Mushroom From Asia Now Available In The U.S.A.

(NAPSA)—The immune system is the body's ultimate defense against illness and disease. A healthy immune system helps defend the body against the common cold to the most catastrophic illness that you may face.

Boosting your immune system can be easier than you might imagine.

One way is to take supplements and one supplement growing in popularity involves mushrooms. WebMD states that the *Coriolus* mushroom is used to stimulate the immune system and increase energy.

Traditionally, the *Coriolus Versicolor* mushroom has been used in China for several thousands of years because of its immune-boosting capabilities.

Its documented usage in history dates back to the mid-1300s during the Ming dynasty. In the 1970s, researchers in Japan started experimenting with the mushroom by extracting its essence in the form of polysaccharide krestin (PSK) and as a polysaccharide peptide (PSP) in China.

Human clinical trials show that the active ingredient in these mushrooms can maintain health and wellness.

There have been over 400 animal and human studies worldwide and in the U.S., including over a dozen human-based placebo trials.



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**The *Coriolus Versicolor* mushroom has been used in China for thousands of years to boost the immune system.**

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inLife offers *Coriolus Versicolor* as a daily dietary supplement in pill form to help maintain and stimulate the body's immune system. It's available as inForce Immune Builder, a combination of PSK and PSP.

inForce offers much-needed immune-building assistance and it can be taken on a daily basis. inForce is made in the U.S.A. in a cGMP-certified facility and is also vegan friendly.

More information can be found by visiting [www.buyinforce.com](http://www.buyinforce.com).