

Eye on Health

Irritated Eyes May Be Reaction To Makeup

(NAPSA)—The sexy red nail polish that gives your hands such an elegant look may be making something else red, too: your eyes. Nail products such as polishes and removers are often the culprit behind irritated eyes.



Rubbing your eyes could lead to irritation—from ingredients in cosmetic products.

“It happens a lot, but this is not a true allergy,” says Dr. Sandra Roberson, an allergy specialist at the Allergy & Asthma Clinic in Atlanta. “It is more of a contact dermatitis. People rub their eyes, and there is an irritant response.”

According to the American Academy of Dermatology, the average adult uses at least seven different products each day, including moisturizers, sunscreens, hair care products, deodorants and antiperspirants, and cosmetics. People often have sensitivities to the oils and perfumes in these products.

Makeup removers without oils or perfumes, such as Eye-Scrub from Novartis Ophthalmics, are effective for those who are plagued with sensitive skin or who want to manage outbreaks of the dry, scaly skin of contact dermatitis. This sterile eyelid cleanser and eye makeup remover is packaged as individually wrapped, pre-moistened pads. Eye-Scrub is available in the eye care section of most pharmacies and mass merchandisers.

For more information, go to www.EyeScrub.com. For information on Novartis Ophthalmics, go to www.novartisophthalmics.com/us <http://www.novartisophthalmics.com/>