

# BABY BASICS

## Is It A Cold Or Is The Baby Just Teething?

(NAPSA)—Pediatricians and parents have long disagreed on which of a child's symptoms are caused by teething and which symptoms could indicate a serious illness. Happily, researchers have completed a new study to determine



**BABY IT'S A COLD** if the temperature is above 102 degrees.

exactly which symptoms can be attributed to teething, and which may have a more serious cause. The study followed 125 babies ages 3 to 6 months for eight months. Here are the results of that study:

- Elevated temperature (up to 102 degrees F), biting, drooling, gum rubbing, irritability, and sucking all were more common among babies who were teething.
- Temperatures above 102 degrees F and diarrhea were not associated with teething, and caregivers should not dismiss these symptoms.

If it's a cold, many pediatricians recommend Baby AYR saline nose spray/drops to help relieve the symptoms of congestion. For more information, visit [www.bfascher.com](http://www.bfascher.com).