

# It's Easy To Be Green

(NAPSA)—Want to reduce your impact on the environment but are not sure where to begin? Follow these simple steps to leave a lighter eco-footprint:

- **Water Wise:** According to the American Water Works Association, if each American used the water-saving functions on his or her water sources, we could pre-



**There are a variety of Earth-friendly products available.**

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serve more than 5 billion gallons of water each day. Simply install low-flowing showerheads and turn off the water while brushing teeth to dramatically reduce daily usage.

- **Cut Out the Chemicals:** Reduce the amount of pollutants in your home by using environmentally friendly products, such as the Earth Essentials line from CVS/pharmacy. It features Aromatic Room Mists, which use ultra-concentrated, all-natural essential oils to remove unpleasant household odors effectively—without additives proven to cause harm to people, pets and the environment. The nontoxic sprays even come in recyclable cans. Earth Essentials also offers paper products made with 100 percent recycled fibers.

- **Plan Ahead:** Start planning in advance and map out the shortest driving routes to save on fuel costs and cut carbon emissions. Pick one-stop shopping destinations like CVS/pharmacy to maximize gas usage, and since 50 percent of Americans live within two miles of a CVS/pharmacy, you could even walk!

For more information on eco-friendly products for the home, visit [www.cvs.com](http://www.cvs.com).