

Career Opportunities

Jobs That Help Others

(NAPSA)—As public interest focuses on health and wellness, professions that help people help themselves are gaining popularity. One fast-growing profession is occupational therapy.



Occupational therapy helps people with “activities of daily living.”

Occupational therapists help people of all ages overcome disabilities, injuries, and other conditions so they can participate in the normal activities of daily life. Sometimes people need help to learn, or relearn how to do seemingly simple things, like get dressed, eat, be productive at school or work, or even socialize. This is the work of occupational therapists and occupational therapy assistants.

Occupational therapy focuses on “participation at every age,” which explains why it has become so important to the growing senior population, and why therapists work in settings ranging from schools, to rehab and mental health clinics, to hospitals.

As occupational science continues to find new ways to help people lead active, healthier lives, demand for the broad range of occupational therapy services continues to grow at a rate of more than 20 percent.

Learn more. Visit the American Occupational Therapy Association Web site, www.aota.org.