



# Books Worth Reading

## Live The Life You Want

(NAPSA)—If you are not doing what you love then you won't love what you are doing. It's a lesson that Stephen Shapiro learned the hard way. Fortunately, readers of his book "Goal-Free Living—How to Have the Life You Want NOW!" may find it easier to live the life they want.

# *goal-free* Living

HOW TO  
HAVE THE LIFE  
YOU WANT  
NOW!

STEPHEN M. SHAPIRO

TAKE THE  
GOALAHOLIC QUIZ  
DETAILS IN 

**Rather than setting goals for yourself, one author suggests setting themes.**

"In order to be successful in life, your passions must be satisfied," says Shapiro. Formerly a leading international business consultant and author on management practices, he now travels the country as a motivational speaker.

Focusing on goals can keep people from enjoying life, he says, which is why his philosophy and life plan emphasizes passion over expectation, a life's compass over a road map and aspirations over resolutions.

For more information on the book, visit [www.goalfree.com](http://www.goalfree.com).