

# Fall Beauty Tips

## Looking Forward To Looking Good

(NAPSA)—Fun in the sun may add to your summer glow, but the sun, beach and pool can all have a negative impact on your beauty routine. The effects of the great outdoors and less time spent on your beauty routine can cause a new set of issues for hair, skin and nails.

After months of neglect, how do we repair the damage and prepare for fall? Ernie McCraw, director of beauty education for Sally Beauty Supply, has some great tips to get us ready for fall.

- **Battling the effects of chlorine, salt and sun.** If your hair has suffered too much chlorine, salt and sun exposure, schedule an appointment with your stylist to trim off dead and damaged ends. A simple trim will do wonders for the look and feel of your hair. After your trim, bring it back to its former glory with Purifying Solutions by Ion® Anti-Chlorine Swimmer's Shampoo, Conditioner and Leave-In Conditioner. These products remove any "swimmer's green" and deeply condition to help repair damage caused by summer activities.

- **Continuing your summer glow.** Bring your skin back to beautiful and even out a fading tan by stepping up your use of exfoliating products like Tanwise Body Polish. To extend your tan throughout the year, try Tanwise Self Tanning Cloths. Wipes are quick and easy, dry quickly, and add just a hint of color.

- **Getting your feet back into shape.** Walking in sand is a great exfoliant but not everyone is lucky enough to live by the beach,



**Upgrading your beauty routine can help you get your hair, skin and nails back into shape after months of summer fun.**

and a summer spent strutting around the pool can really run your feet ragged. Smooth out those rough edges by slathering on Heel to Toe™ Spa Pedicure Collection Cucumber Heel Treatment to soften and moisturize. To complete the look, trade in your summer pinks and coral nail polishes for this fall's earthy and metallic tones. Try China Glaze Nail Polish in Long Kiss or Finger Paints in Fool's Gold.

*Ernie McCraw is a licensed cosmetologist and director of beauty education for Sally Beauty Supply, the world's largest distributor of professional beauty products. With more than 25 years in the beauty industry, Ernie has expertise in all phases of cosmetology. If you have a beauty question, please e-mail Ernie at [asksally@sallybeauty.com](mailto:asksally@sallybeauty.com). To find a Sally store near you, call (800) ASK-SALLY or go to [www.sallybeauty.com](http://www.sallybeauty.com).*