



Health And Well-Being

Making Less Of Migraines

(NAPS)—An increasing number of people are now putting the pressure on migraines—listed by the World Health Organization as one of the top 20 causes of disability. A promising new study found that acupressure wristbands can be an effective, drug-free solution to migraine-related nausea.

The study, carried out at the Berolina Clinic, which specializes in headache therapy, showed that Sea-Band could significantly reduce nausea in migraineurs.



Putting pressure on the wrist may relieve the nausea of migraines.

Dr. Zoltan Medgyessy, the senior doctor at the clinic's headache department, said, "Some sufferers find it difficult to time nausea medication effectively, but Sea-Band can be used before or after the onset of nausea to bring relief. Many sufferers are reluctant to take nausea medication—particularly children and pregnant women—so would welcome a drug-free alternative."

The latex-free band works by exerting constant, gentle pressure on the inner wrist. There's none of the side effects often associated with anti-nausea medication and it's safe for patients taking prescription medications.

For more information, visit www.sea-band.com.