



TIPS ON TRIPS

Making Your Next Trip More Successful

(NAPSA)—Here are a few tips to get your next vacation off to a flying start:

- **Pack light.** If possible, pack no more than 20 pounds in a carry-on-size bag. Carry-on luggage is less likely to get lost, broken or stolen. You may also save money limiting yourself to a carry-on bag, as many airlines charge a fee to check even one suitcase.

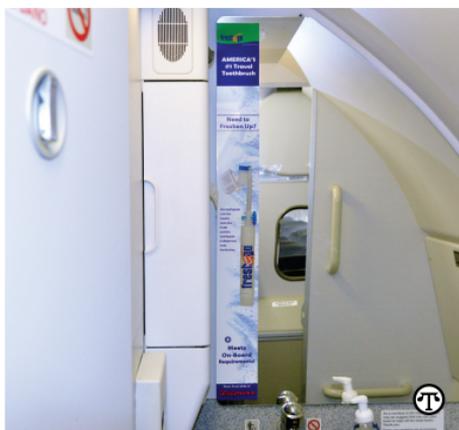
- **Backpack or rolling luggage?** This depends on your own strength and the kind of trip you are planning. A backpack is easier to maneuver, but the weight of it can slow you down.

- **Pack clothes that don't require ironing** and that mix and match for maximum versatility. Research dress codes in the countries and places you are planning on visiting.

- **Use small plastic bottles** to repackage larger items such as shampoo and conditioner. Larger bottles add weight and may not pass travel restrictions on what you are allowed to bring.

The latest travel toothbrushes come complete with toothpaste, which is very handy when there are restrictions on how much you can bring aboard.

For example, Fresh & Go's Travel Toothbrush has 30 uses of toothpaste in the handle with a snap-on cap. Approximately two weeks of fresh, mint-flavored toothpaste in a disposable toothbrush ensures you'll have a fresh toothbrush to polish your teeth to



Spending a short time planning your next trip can result in fewer problems and lower expenses, especially if you are flying.

their whitest. It's available in adult size but it is made with the compact head so it's good for kids too.

Having a travel toothbrush is not just handy in planes but also a convenient way to keep your teeth fresh and clean on the go, wherever you go. The toothbrush is sold at Walgreens.

- **Pack a few plastic bags** just in case toiletries leak. Some people prefer to pack toiletries in two bags: liquids such as shampoo and shaving cream in one bag and nonliquids such as floss, cotton swabs, soap and deodorant in the other.

- **Save samples.** Sample-size toiletries can be just the right size for a short trip.

For more information, visit www.freshangousa.com.