

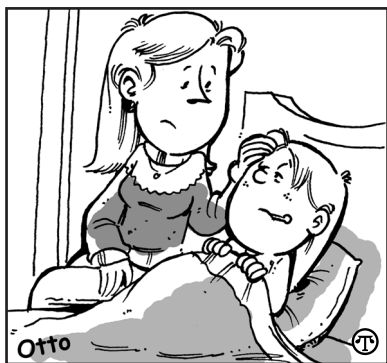
# A B C D E F G H Children's Health

## Managing A Child's Fever

(NAPSA)—There is an old wives tale that if you put an onion under the bed, it will lower a person's fever. If your child is running a temperature, physicians agree that you should treat this symptom more seriously. **Be Koool®** cooling soft gel sheets offers moms some helpful tips to manage their child's fever.

### Do

- Prevent dehydration by giving your child plenty of clear fluids other than water.
- Dress your child in light cotton clothing so the excess heat can escape the body.



- Call a physician if your child has a fever for more than three days or has more acute symptoms such as a rash, diarrhea, earache, sore throat, vomiting or convulsions.

### Don't

- Use alcohol because it can cool down a child too quickly and can be absorbed through the skin, sometimes causing a negative reaction.
- Give aspirin to a child because sometimes it can cause negative side effects. Rather, provide children's doses of acetaminophen or ibuprofen.

Moms also can provide immediate relief from fever with Be Koool soothing soft gel strips. They safely absorb and disperse heat for six hours and are self-adhesive, making them an ideal solution for active kids with fever.

To use, remove a Be Koool strip from its portable, sanitary package. Take off the transparent film from the back of the gel sheet and place the strip right on the child's forehead. The strips work alone or, since they are nonmedicated, in tandem with doctor prescribed or over-the-counter medications.

Be Koool cooling soft gel sheets are distributed by Kobayashi Healthcare LLC, a division of Kobayashi Pharmaceutical Co. Ltd., one of the largest, most-trusted manufacturers of over-the-counter pharmaceutical and health and beauty care products in Japan.

They can be purchased at a variety of mass retail outlets and chain drugstores, including Wal-Mart, Walgreens and Rite Aid. They also are available on the Internet at [www.drugstore.com](http://www.drugstore.com).