



Health Awareness

Managing Your Recovery After a Heart Stent Procedure: New Online Resource Available For Stent Patients And Caregivers

(NAPSA)—Suffering from a heart event such as a heart attack can be physically and emotionally devastating. There are more than one million Americans living with acute coronary syndromes (ACS)—a condition that includes heart attack and unstable heart-related chest pain (angina) while at rest. Many ACS patients are treated with a procedure called angioplasty, where a stent is often placed in the artery to keep it open.

“However, many patients mistakenly believe a stent ‘fixes’ their hearts for good,” said Dr. JoAnne Foody, medical director, Cardiovascular Wellness Program at Brigham and Women’s Hospital. “What they do not realize is that taking care of their stent is the next vital step in the recovery process. The Stent Hub addresses the suggested lifestyle changes, appropriate therapy, adherence to oral antiplatelet therapy, and other recovery steps necessary to help prevent future heart events and keep your heart stent functioning properly.”

Receiving a stent can also create anxiety for both stent patients and their caregivers, which is why the patient organization, Mended Hearts, in partnership with Daiichi Sankyo, Inc. and Eli



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Patients who have had a heart stent procedure may suffer from a complex range of emotions.

Lilly and Company have launched the “Stent Hub”—a new online educational and support resource found at www.HealthyHeartsinHarmony.com/StentHub.

The Stent Hub takes a holistic approach to recovery after a heart stent placement—providing guidance and tips from leading experts to address the physical and emotional obstacles a patient and their caregiver may encounter after a stent procedure.

“As a clinical psychologist, I see firsthand how heart events can

affect the emotional well-being of my patients, as well as those who care for them,” said Robert Allan, PhD, Department of Medicine (Cardiology) at Weill Cornell Medical College/New York-Presbyterian Hospital. “It’s important to care for the mind just as much as the body when recovering from a stent placement procedure.”

To learn more about how you can help to prevent future events and manage the maintenance of your stent, visit HealthyHeartsinHarmony.com/StentHub.