

HELPING OUR HUNGRY

• What's Being Done • How You Can Help •

Meeting The Growing Need

(NAPSA)—More Americans are hungry. As many as one in eight Americans, about 37 million people, have looked for some form of emergency food assistance in the last year.

With the recession and the high rate of unemployment, Americans are finding it harder to put food on the table. Fortunately, organizations such as Angel Food Ministries have found a way to help.

For 16 years, the nonprofit, nondenominational organization has provided food relief and financial support to communities throughout the U.S. The program began with 34 families in Monroe, Ga. (between Atlanta and Athens) and has grown to serve hundreds of thousands of families every month across 44 states. The organization crosses denominational lines, and a variety of nonprofit organizations and churches have signed on to use the program to feed people in their communities.

Much like a food cooperative, Angel Food is available in a quantity that can fit into a medium-sized box, and the cost of these boxes ranges from \$22–\$30. Each month's menu is different than the previous month's and consists of both fresh and frozen items with an average retail value of approximately double the cost.

Generally, one unit of food assists in feeding a family of four for about one week or a single senior citizen for almost a month. The food is of the same high qual-

Angel Food Ministries exists to feed hungry families in America. Here's what might be included in a month's menu: Beef back ribs, ground beef, breaded chicken tenders, pork chops, a pound of ground turkey, stuffed shells, smoked sausage, seasoned potatoes, green beans, baby carrots, onions, pinto beans, rice, blueberry muffin mix, waffles and a dessert item.



An organization that feeds people for less and never seeks donations is ready to take on the challenge of feeding the growing number of hungry Americans.

ity you could purchase at a grocery store. There are no second-hand items, no damaged or outdated goods, no dented cans without labels, no day-old breads and no produce that is almost too ripe.

Also offered are specialty boxes such as steaks, chicken and pork. Many participants in this bonus program appreciate the expanded choices. Additionally, there is no limit to the number of units or bonus foods an individual can receive, and there are no applications to complete or qualifications to which participants must adhere.

Angel Food Ministries also participates in the U.S. Food Stamp program (SNAP). It can also assist applicants in obtaining food stamps.

For more information, visit www.angelfoodministries.com or call 877-FOOD-MINISTRY.