

Health Bulletin

New Nutritional Program To Manage Diabetes

(NAPSA)—An estimated 16 million Americans have diabetes. Ninety percent have Type 2. This disease is generally managed through diet, exercise and reducing stress—and now there's a nutritional program available through the AIM Companies which helps make such changes easier.



**Nutrition and exercise are key
to fighting Type 2 diabetes.**

“Because the western diet contains high levels of simple sugars, carbohydrates and processed foods with relatively small amounts of fruits and vegetables, Type 2 diabetes has become a major health concern,” said Dr. Andrew Myers, chief science officer for the AIM Companies.

The targeted nutrition provided by the Glucose Management Health Solution™ includes such products as:

- LeafBrand™ Chromium, which is easier for the body to absorb and to regulate blood sugar levels. The latest scientific techniques in whole food nutrition are utilized to transform chromium from an inorganic to an organic nutrient by incorporating chromium into barley plants.

- Herbal Fiberblend™ and Barleygreen™, which help to facilitate liver function, regulate blood sugar levels and provide antioxidants which protect the arteries and heart.

- Proancynol 2000™ and Gingko-Sense™, to support risk factors specific to Type 2 diabetes.

To learn more about nutritional management of Type 2 diabetes, or to request a Glucose Management brochure, visit AIM's Web site at www.theaimcompanies.com or call 1-800-611-7488, option 1.