

New Web Site Educates Cancer Patients How To Manage Pain

(NAPS)—Gilles Frydman understands that living with or caring for a loved one with cancer is a difficult and overwhelming experience. When his wife was diagnosed with breast cancer, Gilles turned to the Internet to learn more about cancer, but found it difficult to locate and organize the available information. This experience impressed upon him the need for Internet resources about cancer. After developing a group of online forums for cancer patients and caregivers, Gilles noted continuous requests for information about cancer pain, which led him to create a comprehensive new resource and Web site: www.Cancer-pain.org.

Today, cancer patients and caregivers can access Cancer-pain.org for accurate scientific information as well as the support they need to effectively manage persistent and breakthrough cancer pain. Pain, which can be caused by either the disease or treatments, is common for people with cancer. According to research published by the University of South Florida's H. Lee Moffitt Cancer Center & Research Institute, between 30 percent and 50 percent of people with cancer experience persistent pain while undergoing treatment, and 70 percent to 90 percent of people with advanced cancer experience persistent pain and may experience breakthrough cancer pain.

Breakthrough cancer pain is a treatable flare-up of moderate to severe pain. This pain "breaks through" medication administered at regular intervals for persistent cancer pain.

"There is always a way to alleviate pain but, unfortunately, most cancer patients do not receive adequate cancer pain treatment and often experience a diminishing quality of life," notes Gilles Frydman, president and

founder of the Association of Cancer Online Resources (ACOR), the largest online community of cancer patients. "We created Cancer-pain.org to fill a void on the Internet and to help educate and motivate patients to better understand cancer pain and seek effective treatments."

**"There is always a way
to alleviate pain..."**

Gilles Frydman



Cancer-pain.org features sections about the causes of cancer pain, breakthrough cancer pain, pain treatment options, quality-of-life issues, as well as tools to help patients communicate effectively with healthcare providers about cancer pain. The site also has:

- a complete list of medications currently used in the U.S.
- information about complementary and alternative methods of pain control
- a dedicated section for caregivers to help them advocate for appropriate pain control treatment(s)
- an interactive section so patients and caregivers can exchange information
- updates on developments in cancer pain treatment
- links to other cancer sites, such as the National Cancer Institute

In the future, Cancer-pain.org plans to feature a "Healthcare Professionals Corner" for professionals to exchange information about cancer pain therapies, post relevant journal articles and clinical research, and participate in continuing medical education courses about cancer pain treatment.

For more information, visit www.Cancer-pain.org.