



Knowledge Is Power



Newspaper Explores Science And Religion

(NAPSA)—Is there a beneficial relationship between prayer and other religious or spiritual practices and our health and well-being?

That's one of the key questions asked by a new monthly newspaper which explores the relationship between health and religion, and science and religion, with reports on the latest news and information which confirm findings in these areas.

In the January 2002 issue of *Research News & Opportunities In Science And Theology*, a cover story entitled, "Can God Save Us From Substance Abuse?" reports on a two-year study conducted at The National Center on Addiction and Substance Abuse (CASA) at Columbia University that "tapping the power of religion and spirituality has enormous potential for lowering the risk of substance abuse among teens and adults, and when combined with professional treatment, for promoting recovery."

"If ever the sum were greater than the parts, it is in combining the power of God, religion and spirituality with the power of science and professional medicine to prevent and treat substance abuse and addiction," said Joseph A. Califano, Jr., CASA President and former U.S. Secretary of Health, Education and Welfare.

Other CASA analyses and surveys confirm that adults and teens who consider religion to be very important and who attend religious services weekly or more are far less likely to smoke, drink or use illicit drugs.

It has also been found that individuals who, in addition to receiving treatment, attend such spiritually-based support programs as Alcoholics Anonymous or Narcotics Anonymous, are more likely to stay sober.

In another study reported in



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the September issue of *Research News*, it was disclosed that the mortality rate of patients aged 55 or older was higher among those who reported feeling being abandoned or punished by God, or those who questioned God's love for them, those who felt abandoned by their church, those who believed the devil was at work in their illness, and those who questioned the power of God. This study of 595 participants took place at Duke University Medical Center and the Durham VA Medical Center.

"I believe that with a huge population vitally interested in the religion/health and mind/spirit/body connection, and with millions of people who are scientifically curious about the deeper spiritual aspects of reality, that we have a great potential readership for *Research News*," said Harold G. Koenig, M.D., editor-in-chief.

Research News & Opportunities In Science And Theology is available for six free months' issues by calling 1-866-363-2306 or on the Internet at www.researchnewsline.org.