



# WOMEN'S HEALTH AWARENESS

## Ovarian Cancer Guide

(NAPSA)—Being diagnosed with ovarian cancer can be devastating and overwhelming, but free resources can help patients and caregivers take control of the situation.

The “Patient Active Guide to Living With Ovarian Cancer” is an informational booklet that educates and empowers women by simplifying complicated medical

### **Tips for Women with Ovarian Cancer:**

- 1) Become an active partner in your treatment. Ask your doctor how you can work together as a team.
- 2) Manage side effects. When making a treatment decision, ask your doctor to discuss the proposed treatment plan and the potential side effects. Remember to report side effects to your doctor.
- 3) Seek support. Visit [www.thewellnesscommunity.org](http://www.thewellnesscommunity.org) for more information.



language and providing critical information. It offers strategies and information about treatment decision-making, managing recurrent disease, overcoming side effects and finding hope. The booklet also provides a list of educational and support resources.

The “Patient Active Guide to Living With Ovarian Cancer” is made available by The Wellness Community, a nonprofit organization dedicated to providing support, education and hope to people affected by all types of cancer.

All of The Wellness Community’s educational and support resources are free of cost. For more information, visit [www.thewellnesscommunity.org](http://www.thewellnesscommunity.org) or call (888) 793-WELL.