

Pointers for Parents

Packages To Let The Kids Know You Care



There's no place like home and no better way to cheer up a child who is away from home than with a care package constructed with love.

(NAPSA)—Whether your child is away at school or camp, sending a care package can help brighten his or her day and help alleviate the longing for home.

Traditionally, care packages have contained mostly food, but they can include anything you know your child will appreciate.

Here are a few hints from the experts at FedEx:

- **Perish the perishables.** You may want to avoid sending food that will be inedible in a few days, but if you want to ship off a batch of favorite cookies, place them in a sturdy container and layer wax paper between the baked goods, using crumpled paper to fill in any void spaces.

Secure the lid of the container to the body with tape to keep it from accidentally popping off.

Place the container in a sturdy cardboard box and use packing materials to cushion the container

tightly in place. Ship overnight, priority or standard. Also, if sending to a camper, check to see if the camp has any food restrictions; for example, to protect children from peanut allergies.

- **Instant works.** For college or boarding school students, consider coffee beans, tea bags or flavored instant coffee drinks.

- **Send a snapshot.** Include a photo. Although your child can probably catch up with the latest photos online, it's still nice to have a framed picture of the family to display or a snapshot for the bulletin board.

- **Consider the environment.** Cushion items with newspaper, shredded paper or plastic grocery bags. Use envelopes and boxes made from recycled content. When you are all done, shake the box to be sure nothing rattles.

For more information, visit www.fedex.com.