



spotlight on health

Pain Impacts Everyday Life

(NAPSA)—The effects of chronic pain on a person's everyday life can be cyclical, oftentimes a downward spiral. People are unable to participate in daily activities such as playing with children or grandchildren, performing household tasks and working at a job outside the home. This inability to function can lead to frustration and depression, enhancing the pain and perpetuating the inability of people to lead normal lives. Major changes in lifestyle and quality of life can result unless the cycle is reversed.

A survey commissioned by Partners Against Pain identified pain's impact on people's lives. The results are as follows:

How chronic pain interferes with everyday life

Pain sufferers agree that pain affects a variety of areas of their lives, from one's ability to drive to one's ability to sleep.



Source: "Survey of Pain in America" commissioned by Partners Against Pain®



It is important that patients do not shy away from sharing their pain with their treating physicians. Properly describing the severity and frequency of pain experienced helps health care professionals prescribe the most appropriate and effective pain management regimen.

For more information about pain management visit the Partners Against Pain Web site at www.partnersagainstpain.com or write to Partners Against Pain at 1 Stamford Forum, Department M, Stamford, Connecticut, 06901-3431.