

Delightful Food Ideas

Serve Up Pancakes To Warm Your Heart

(NAPSA)—Wake up your family's taste buds this weekend with a heart-shaped pancake breakfast they are sure to love. The recipe is easy for kids to prepare and is a fun project the whole family can cook up together.

All you need is Aunt Jemima Pancake Mix and the ingredients listed on the package, plus red food coloring and a two-inch heart-shaped cookie cutter.

Here's how to create the perfect heart-shaped pancake:

- Prepare pancake mix according to package directions. Then divide the batter evenly into two medium-size bowls. Set one bowl aside.

- Gently stir red food coloring into the second bowl until the batter turns a deep pink color.

- Prepare a flattop griddle or pan; pancakes turn out better when cooked on a flat surface. Rub the pan with a little bit of oil; butter may scorch and could affect the look of the pancakes.

- Set your griddle to the temperature indicated on the package. Sprinkle a few drops of water in the center; if bubbles skitter around the pan, it is ready for cooking.

- Cook pancakes according to package directions until you have used all of the batter from both bowls. Make sure you make an



Show how much you care with heart-shaped pancakes. They're almost as much fun to prepare as they are to eat.

even number of pancakes and that you have the same amount from each bowl.

- When the pancakes are finished, place them on a wire cooling rack or a sheet of foil for two minutes. Then, transfer them to a clean cutting board.

- Cut a heart out of the center of each pancake using a two-inch heart-shaped cookie cutter.

- Place a red mini-pancake heart in the center of each white pancake and a white mini-pancake heart in the center of each red pancake.

Many people love these served with warm Aunt Jemima Syrup and sliced strawberries.