



WOMEN'S HEALTH

Potty Parity Could Lead To Shorter Lines But For Some Women It's Not Enough

(NAPSA)—A new legislative trend dubbed “potty parity” may help many women alleviate the long wait for the restroom. For women who suffer from the stress and embarrassment of overactive bladder, it may not be enough.

Potty parity statutes already passed in more than 20 cities and are currently under consideration across the U.S. This restroom equity bill requires new public buildings and those undergoing major renovations to install two toilets for women for every one provided for men.

Although more stalls are a convenient addition, they may not necessarily provide enough of a solution for the problems facing women with an overactive bladder. Overactive bladder is a condition that approximately 33 million Americans tolerate on a daily basis, but they don't have to. It can usually be effectively treated with a combination of behavioral therapy and medication.

“It is a common myth that overactive bladder is a normal part of aging and nothing can be done about it,” said Scott MacDiarmid, M.D., associate professor of the department of urology at Wake Forest University. “Millions of women who suffer from an overactive bladder need to know there is help. Women should talk to their doctor about options that may



include a prescription treatment like DITROPAN XL[®] to help them gain control of this condition.”

People with overactive bladders suffer from a sense of urgency, accidents and frequent trips to the bathroom (as much as eight or more times a day).

Unfortunately, up to two-thirds of sufferers do not seek treatment due to shame, fear or false perception.

Instead, they find ways to cope, such as avoiding travel or social functions, wearing dark, baggy clothing or mapping out bathrooms in public places.

But there are prescription medications proven to successfully treat the symptoms of overactive bladder.

For more information about overactive bladder, call 1-800-682-6532 or visit www.ditropanxl.com.