

Health Bulletin



Preventing Allergies Before They Happen

(NAPSA)—Most available medications treat allergy symptoms after they hit, but two new over-the-counter, FDA-registered products can help prevent nasal allergy symptoms before they start.

These drug-free products use an innovative, science-based approach to block allergens in the air on contact, before they enter the nasal passages. The gentle, positively charged, water-based gels are applied outside the nostrils to help filter negatively charged allergens in the air.

The products, Chloraseptic Allergen Block and Little Allergies Allergen Block, can be used safely in conjunction with other over-the-counter or prescription medications and can be reapplied as often as needed.

The drug-free products are safe to use with other medications since they lack the side effects and potential drug interactions that can often accompany the use of systemic medications. The products are safe for use in both children and adults who need a gentle way to combat allergies without the worry of drug side effects.

The products were created by Ashok Wahi, who was motivated by his daughter's allergies to create a drug-free way to manage symptoms. Wahi found support from Paul Ratner, M.D., who served as the advisor to the project.

More than 36 million Americans suffer from indoor and outdoor allergies. According to Dr. Ratner, the products could “transform the way we currently look at allergy relief.”



Parents looking for a gentle way to combat allergies without the worry of drug side effects are trying a new preventative treatment.

In addition to using Allergen Block, here are some other tips on preventing nasal allergy symptoms:

- Keep your house as clean as possible. Dust, vacuum, clean rugs and remove any mold from all kitchen, bathroom and garage surfaces.
- During the height of allergy season, change your clothes when you come in from an extended period outdoors and take a shower to wash off any allergens that get in your hair and on your skin.
- Try to avoid being outdoors from the late morning to early afternoon. These are the peak hours for pollen production.

For more information, visit www.allergenblock.com.