



spotlight on health

Preventing Eye Disease

(NAPSA)—There's good news for many of the millions of Americans whose eye health is thought to be at risk.

Ninety-seven percent of diabetic patients taking insulin will eventually develop the eye disease diabetic retinopathy, while age-related macular degeneration (AMD) is the most common cause of blindness in America.

Now, Jeffrey P. Gilbard, M.D., Clinical Assistant Professor of

Fish-oil omega-3s, vitamin D, green tea and certain antioxidants could protect against diabetic eye disease and age-related macular degeneration. ®

Ophthalmology at Harvard Medical School, has invented a dietary supplement that he says offers new hope for these patients.

Research over the past several years has shown that vision loss from diabetes and AMD are both driven by oxidation, inflammation and abnormal new blood vessel growth, and that fish-oil omega-3s, vitamin D and green tea ingredients, at the right doses, inhibited these processes.

The supplement, called MacuTrition—from Advanced Vision Research—provides fish-oil omega-3s, vitamin D and green tea ingredients at these doses, along with clinically proven antioxidants currently recognized as effective for macular degeneration.

Many doctors have started taking the supplement themselves because the fish-oil omega-3s, vitamin D and green tea in it have been shown in studies to reduce the risk of heart disease, stroke and cancer. For more information on the over-the-counter supplement, visit www.macutrition.com.