

Health Hints

Preventing Recurrent Urinary Tract Infections

(NAPSA)—Are all cranberry treatments for the prevention of recurrent urinary tract infections alike?

Not according to the results of a recent published clinical study, which showed that one patented cranberry supplement is nearly twice as effective as a cranberry extract capsule in reducing the recurrence of lower urinary tract infections (UTIs).

Over the study period, 10.8 percent of patients taking the Cran-Max supplement (brand name GynDelta) suffered a recurrent UTI, compared with 18.9 percent of patients taking the cranberry extract containing 36 mg of proanthocyanidins A (PAC) and 43.2 percent of patients taking placebo.

45-Day Study

The randomized, double-blind study was conducted over a period of 45 days at the A. Fournier Institute in Paris. It included 120 female subjects who had experienced more than six lower UTIs during the last 12 months. Each subject was given a postcoital dose of either one Cran-Max/GynDelta capsule, one capsule of cranberry extract containing PAC or one placebo capsule.

Published in the January 2007 edition of *The Gynaecologist's and Obstetrician's Journal*, Dr. Jean-Marc Bohbot detailed the study conclusions. "GynDelta proved its efficacy in the prevention of lower urinary tract infections after a single, postcoital dose with a greater level of statistical significance than cranberry containing 36 mg of PAC compared with placebo."

According to Dr. Bohbot, "The results obtained with GynDelta highlight efficacy in the prevention of recurrent cystitis, both in the number of patients with recurring episodes of cystitis and in the



The supplement has a unique ability to fight recurring infections.

length of time to onset of the first bout of recurrence."

Side effects were seldom observed during the study. When observed, they were of a mild nature, enabling those subjects affected to complete the study.

Role Of Cranberry Confirmed

According to Dean Mosca, president of Proprietary Nutritionals, the company that markets Cran-Max, "Clinical trials have confirmed the role of the cranberry in the prevention of recurring UTIs. We're pleased that these latest study results have shown the potency and unique ability of Cran-Max in fighting recurring infections, improving the quality of life for women who had previously experienced numerous episodes."

Cran-Max is made from the whole cranberry, making it powerful enough to provide relief with just one capsule per day. It is the only cranberry supplement made using the patented Bio-Shield technology, which protects the cranberry from destruction by gastric acid so that it can be delivered to the gastrointestinal tract for maximum effect. Visit www.cranmaxinfo.com to learn more.