

# Bird Facts

## Protect Migrating Birds

(NAPSA)—Fall migration is here, which could mean some surprise visits from out-of-town birds to your backyard. To survive the journey and any adverse weather conditions, these winged travelers could use a little help from their earthbound friends. One way to help is to start feeding the birds in the fall. Throughout winter, continue to feed your local songbirds that don't migrate.



**You can help the environment—and fill your yard with song—if you feed wild songbirds.**

Here's why:

1. Many of birds' natural food sources are frozen or become covered in snow.

2. Food growth is further hindered by extreme weather and drought.

3. Lack of resources leads to greater competition for what little food there is.

4. Human development continues to impinge on birds' natural environment.

5. With colder weather comes higher energy demands on birds.

You can help them survive the winter and prepare for a productive breeding season by feeding them high-fat and high-protein foods. For example, the most nutritionally advanced wild bird food on the market is Audubon Park Songbird Selections NutriThrive. It uses wild songbirds' favorite seeds topped with an oil-based, nutrient-rich coating to provide the vitamins, minerals and essential fatty acids that birds need.

"In my research, I've found that feeding backyard birds has a positive impact on many species," says John Marzluff, ornithologist and author of the book "Welcome to Subirdia."

The premium, nutrient-packed seeds in the Songbird Selections line will attract more songbirds to feeders and have a significant effect on the overall health of our wildlife as a result.

To learn more and to view a map of birds in your area, visit [www.audubonpark.com](http://www.audubonpark.com). To find the seed, see [amzn.to/1McCqFk](http://amzn.to/1McCqFk).