

# Health Awareness

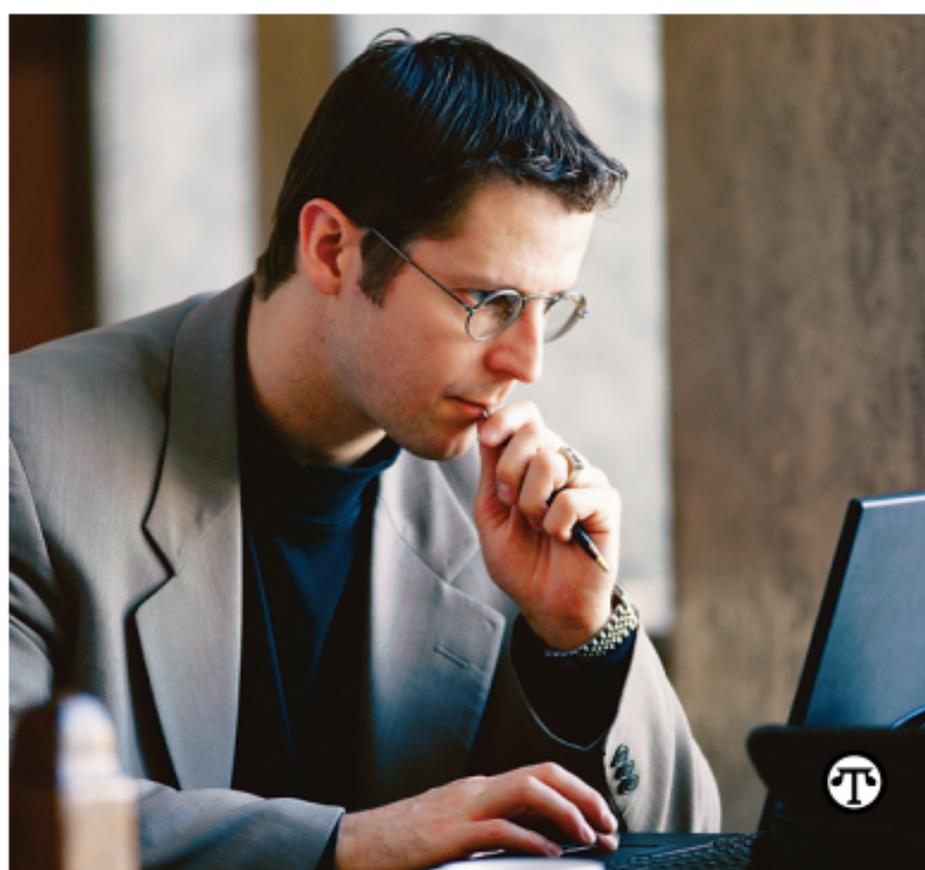


## Protecting Your Health

(NAPSA)—Some surprising facts could change the way you look at protecting your health.

For example, did you know there are 19 million new sexually transmitted infections in the United States every year, half of which occur in people younger than 25?

Did you know that people of all ages are at risk—including seniors—or that many cases of STDs have no obvious symptoms?



### **Online resources offer individually tailored information.**

The American Social Health Association (ASHA) works to prevent sexually transmitted diseases and their harmful consequences among individuals, families and communities.

To better educate people about the best way to protect themselves and their loved ones, ASHA has developed new online resources tailored to the needs of individuals from all backgrounds and in all stages of life.

These new tools include topics such as healthy relationships, self-image and self-esteem.

For more information, visit [www.ASHASTD.org](http://www.ASHASTD.org) or call the STI Resource Center Hotline at 1-800-227-8922.