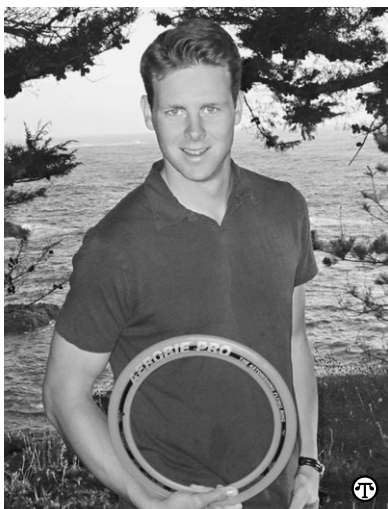


# Quarter-Mile Throwing Barrier Broken

(NAPSA)—Since the days of the ancient Greek games, men have tested their prowess in throwing the discus, the javelin and anything they could get their hands on. No one, not even the mighty Hercules, had thrown *anything* a quarter mile.



**Going the distance: one young man has thrown a plastic ring an unprecedented 1,333 feet.**

Now Erin Hemmings, 25, has shattered the quarter-mile barrier by throwing an ordinary Aerobie flying ring toy an amazing 1,333 feet. He did it with the same inexpensive plastic ring that many people throw and catch in their local parks and schoolyards.

Hemmings bought fifteen Aerobies and honed his throwing skills with hundreds of hours of practice. He said, "The most tiring part was retrieving them. They fly too far." His chance to show his stuff came when Stanford engineering lecturer Alan Adler, the inventor of the Aerobie, invited six of the world's best throwers to try for a world record in San Francisco. Of the six, Hemmings was the best prepared and his practice paid off spectacularly. His record throw was airborne for thirty seconds. An official measured the distance with a laser distance meter and the rest is history. Today, back in the small coastal town of Mendocino, Hemmings is busy autographing Aerobies and enjoying his celebrity status.

For more information about breaking the quarter mile throwing barrier or Aerobies, visit [www.aerobie.com](http://www.aerobie.com).