

BOOKS WORTH READING



Reaching Your Higher Power

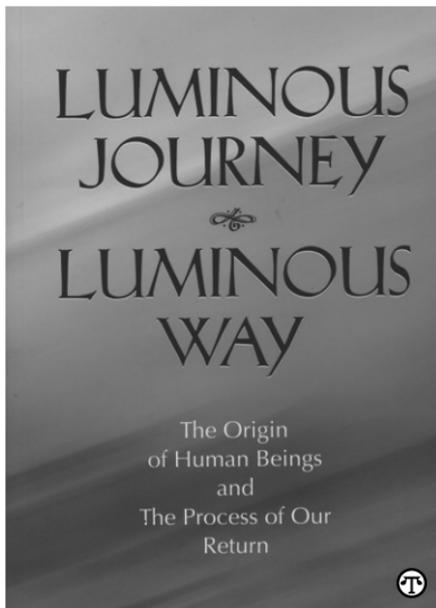
(NAPSA)—Although most Americans believe in the existence of God, few know how to communicate with their Higher Power. Only a handful has claimed to have heard God's words spoken.

In a new, illuminating book, "Luminous Journey, Luminous Way: The Origin of Human Beings and The Process of Our Return" (Maitreya Publishing, \$14.99), people are encouraged to find a way to hear God's voice within themselves.

Even if you're not a particularly religious person—even if you can't fully define who God is to you—you may find "Luminous Journey, Luminous Way" a moving and enlightening approach to life. The book presents the recorded word of God, as spoken to the book's author, Parvathy, created in seven days during pre-9/11, 2001, in Hawaii.

She believes she is not alone in her special gift, that each person is capable of communicating directly with a Higher Force—and she shares ways to tune in to a higher power.

"Luminous Journey, Luminous Way" shares ways to regenerate and awaken to life; how to find true peace of mind by reducing stress and chaos; a model of pure love and true beauty; encouragement to reform the way people



treat each other and the environment; and how to mature spiritually and how people can evolve their Luminous Being.

"We can all communicate with Him every day," writes Parvathy. "A dialogue with Heavenly Father is possible for everybody. Therefore, each one of us has the gift inside. If we regain consciousness of His gifts, we must appreciate them and nurture them."

The book is available at www.amazon.com, www.maitreyapublishing.com and in all major bookstores.