

# Health Awareness

## Recognizing The Value Of Nutrition In Health

(NAPSA)—The last century has seen a greater understanding of the role of nutrition in living a healthier lifestyle. As a result, one organization is changing its name to more accurately reflect that vital connection.

The American Dietetic Association, the world's largest organization of food and nutrition professionals, has officially changed its name to the Academy of Nutrition and Dietetics.

"The Academy of Nutrition and Dietetics has been in existence since 1917 as the American Dietetic Association, after working to feed the troops healthfully during World War I. Protecting the public's health is the highest priority of the Academy and our members, and our new name complements our focus: the nutritional well-being of the American public," said registered dietitian and Academy President Sylvia Escott-Stump.

The new name promotes the strong science background and academic expertise of the academy's members, primarily registered dietitians. Nutrition science underpins wellness, prevention and treatment.

"By adding nutrition to our name, we communicate our capacity for translating nutrition science into healthier lifestyles for



**Registered dietitians are the most qualified food and nutrition experts.**

everyone," said Escott-Stump. "Keeping dietetics supports our history as a food- and science-based profession."

Whether it's planning nutritious meals for children in day care centers or schools, teaching individuals with diabetes about managing their blood sugar or saving lives with complex nutritional interventions after surgery, registered dietitians are the best qualified nutrition experts.

The Academy's award-winning website remains [www.eatright.org](http://www.eatright.org). The colorful Eat Right logo will stay a part of the organization's graphic identity. In addition, the ADA Foundation has become the Academy of Nutrition and Dietetics Foundation.

"While our name has changed to the Academy of Nutrition and Dietetics, we still have the same mission, the same powerful Eat Right message, and are still bringing the same quality nutrition advice to the table as we have for nearly 100 years," said Escott-Stump.