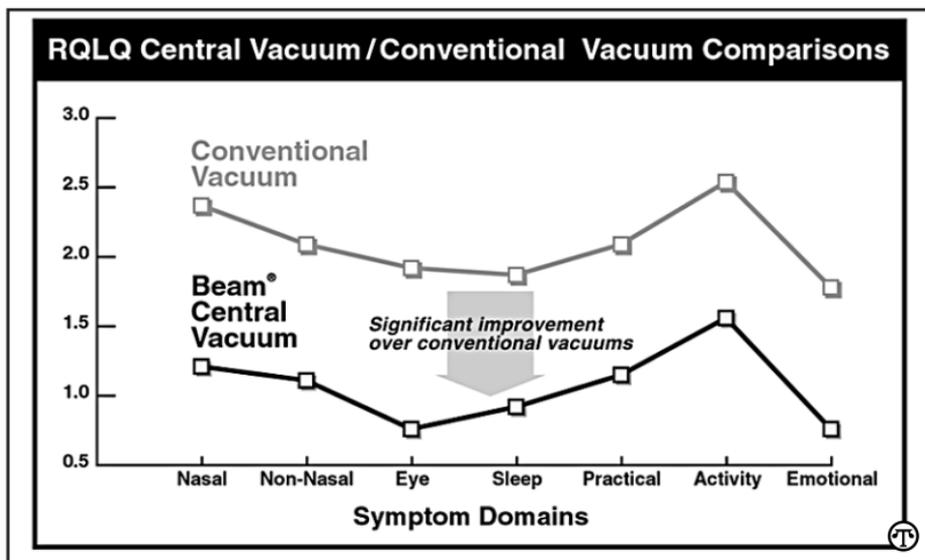


Health Bulletin

Reduce Allergy Misery



The University of California-Davis found allergic hay fever patients improved their symptoms by using a central vacuum system.

(NAPSA)—Changing the equipment you use to clean your home may have a positive effect on your allergies, new research shows.

A University of California-Davis School of Medicine study of hay fever sufferers showed a significant reduction in the severity of their allergy symptoms when they used a central vacuum system instead of a conventional vacuum.

The six-month study, conducted by Drs. Eric Gershwin and Stanley Naguwa, compared the symptoms of 25 allergic hay fever patients when they used central vacuum systems with the symptoms they experienced while using portable, upright vacuums. The Beam Industries Serenity® model 2100 Central Vacuum System was installed in each participant's home in advance of the study.

Patients logged the intensity of symptoms in seven categories, including sleep difficulty, nasal, non-nasal, emotional and eye symptoms, practical problems and activity.

"The intensity of each of the seven symptoms was significantly less during the three months patients used the central vacuum system than during the three months they used their conventional vacuum cleaner," Naguwa says.

"Patients felt considerably better when they used the central vacuum system. They exhibited less anxiety, slept better and were more active," he adds. "They also reported fewer classic allergy symptoms such as watery eyes, runny noses and fatigue."

Naguwa theorizes the improved patient health resulted from the central vacuum's ability to completely remove allergy and asthma attack-causing particles from the living area of the home. Dust, dirt and allergens are pulled through the concealed pipe into a collection canister that is installed in a garage, utility room, crawl space or basement.

"We're very pleased with the study results because they confirm what we have believed for some time—using a central vacuum system can lead to a healthier indoor environment," says John Coghlan, president of Beam Industries.

"Central vacuum systems can be installed in 95 percent of existing homes," Coghlan adds. "For nearly 50 million Americans who suffer from allergies and asthma, the study results offer proof that they can take more control over their illness and reduce their suffering."

For more information, visit www.beamvac.com.