

Women's Health **UPDATE**

Relief For Women Experiencing Surgical Menopause **Ⓢ**

(NAPSA)—After a Cesarean Section, a hysterectomy is the second most common surgery among women of reproductive age in the U.S.

In fact, approximately 600,000 women undergo a hysterectomy in the U.S. every year. Of those procedures, one-half to one-third include the removal of both ovaries (known as a hysterectomy with bilateral oophorectomy).

Women who have a hysterectomy with removal of both ovaries instantly experience surgically induced menopause, regardless of age, due to a substantial drop in their estrogen levels. Symptoms of surgical menopause can include hot flashes and night sweats, which occur suddenly and are often more severe than those in natural menopause.

"Treatments are available to help women who experience surgically induced menopause," explains Susan Wysocki, President and CEO of the National Association of Nurse Practitioners in Women's Health. "For instance, for moderate-to-severe hot flashes and night sweats and moderate-

to-severe vaginal atrophy, estrogen therapy may be appropriate. There is no one-size-fits-all treatment for menopausal symptoms so it is important for women to consult their healthcare provider before beginning any treatment."

Women who have had a hysterectomy with removal of both ovaries may be prescribed an oral estrogen therapy such as ENJUVIA™ (synthetic conjugated estrogens, B) Tablet for moderate-to-severe hot flashes and night sweats, and moderate-to-severe vaginal dryness and pain with sex, symptoms associated with menopause. If you're taking estrogen only for the symptoms of vaginal atrophy, you should first consider topical treatments.

Ms. Wysocki says "hormones may not be appropriate for everyone. Those women who take hormone therapy should take the lowest dose recommended by their healthcare provider for the shortest period of time."

For more information on menopause and an available treatment option, visit www.enjuvia.com.



Note to Editors: Please see complete product information enclosed with this submission.

ENJUVIA is a medicine that contains estrogen hormones. It is prescribed for relief of moderate-to-severe hot flashes and night sweats, and moderate-to-severe vaginal dryness and pain with sex, symptoms associated with menopause. Important health information you should know when taking estrogens like ENJUVIA: Estrogens increase the risk for cancer of the uterus (womb). If you experience persistent or recurring vaginal bleeding while taking estrogens let your doctor know right away, as this could be a warning sign for cancer. Your doctor should check for the cause of any unusual vaginal bleeding after menopause. Estrogens (alone, or in combination with progestins) should not be used to prevent heart disease, heart attacks, strokes, or dementia. Estrogens (alone or in combination with progestins) may increase the risk of heart attack, stroke, blood clots, and breast cancer. Estrogens (alone or in combination with progestins) may increase your risk of dementia. Because of these risks, estrogens should be used at the lowest dose for the shortest period of time. You and your healthcare provider should talk regularly to determine whether you still need treatment with ENJUVIA.