



WOMEN'S HEALTH

New Choices In Relieving Menopausal Symptoms

(NAPSA)— There's encouraging news for women looking for new choices for relieving menopausal symptoms. A new dietary supplement is now available that promotes relief of menopausal symptoms and increases bone mineral density. Studies show that the dietary supplement, called Femarelle™, stimulates estrogen receptors only in specific tissues and has no effect on the uterus and breast tissue.

"Women seeking menopausal symptom relief need to have information and options available, enabling them to make a smart, educated choice," states M.E. Ted Quickly M.D., IGO Medical Group, San Diego, Calif. "Smart choice includes data that has been presented and evaluated in peer-review settings, and the ability to speak with their personal physician or access information available to health professionals."

Femarelle has been widely accepted by women in Europe and Asia and now makes its debut in the U.S. market where new options are needed.

Symptoms of menopause include hot flashes (a sudden rush of heat from your chest to your head), night sweats (hot flashes that happen when you sleep), vaginal dryness, sleep problems and mood changes.

Doctors report that this women's health-care product is a



ANOTHER OPTION—A plant-based dietary supplement widely accepted in Europe has become a new choice of U.S. women seeking relief from menopausal symptoms.

unique combination of lignans, coumestans and flavonite isomers, naturally extracted from plants. The proprietary manufacturing technology enables the active ingredient associated with menopausal symptom relief and elevated bone density to be preserved. To date, data on these ingredients have been published and presented in more than a dozen peer-review journals including the *Journal of Gynecological Endocrinology*. In clinical trials, no adverse events were reported.

Femarelle is sold in boxes of 60 capsules, a month's supply. For more information, visit www.femarelle.com or call 1-877-