

INGENIOUS IDEAS

Sanity-Saving Tips From The Accidental Housewife

by Julie Edelman

"The Accidental Housewife"

(NAPSA)—Home is not always where the housewife is. In fact, today's housewife is on the go more often than not, shuttling family here, there and everywhere. Here are some sanity-saving tips for moms on the go, to help maintain their family, their peace of mind and, most importantly, their manicures.



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Sanity-Saving Tip #1: What's worse, the dirt and grass stains your kids track into the car or the germs they pick up outside? Nothing can keep a housewife out of commission longer than the cold she caught from her kid's kindergarten class. Next time your kid says A-CHOO, reach for disinfecting wipes and hand sanitizer; one quick swipe and you're germ-free. Also, teach your kids to sneeze into their elbows. This will help to avoid spreading germs on their little fingers.

Sanity-Saving Tip #2: When you're on the go, kids are bound to get cut, scratched or scraped. The next time there's a boo-boo, reach for a girl's best friend, diamonds. New Nexcare diamond-shaped bandages are functional and fashionable. They offer a unique 360-degree adhesive seal around the pad that provides a great fit to help keep out dirt and germs. The durable plastic packaging features an insert that helps you find the correct size in a pinch and you can reuse the container afterwards to hold a 24-pack of crayons, or help collect that change for a well-deserved facial.



A new style of bandage can be a real jewel—in the medicine cabinet or on the go.

Sanity-Saving Tip #3: Toddlers love being wheeled around in a shopping cart, but as a mom you never know where that shopping cart has been. The next time you're strolling down the supermarket aisles, try using a clean plastic bag or a disposable waterproof barrier like the Clean Shopper that fits right into the cart's seating area—it will keep your kids germ free and it even has a seat belt for safety.

Sanity-Saving Tip #4: Kids' table manners sometimes go out the window when you're eating out. Try packing a place mat so that your kids are not eating finger foods directly off of germ-y tabletops. Choose something that's easy to wipe off and reuse whether you're in the backseat of the car or in a restaurant.

Julie Edelman, a.k.a. The Accidental Housewife, shares her wit and wisdom regularly on national TV, radio, print and online and appears regularly on "Rachael Ray." For more sanity-saving tips, you can read her New York Times best-seller "The Accidental Housewife" or visit her online at www.theaccidentalhousewife.com.