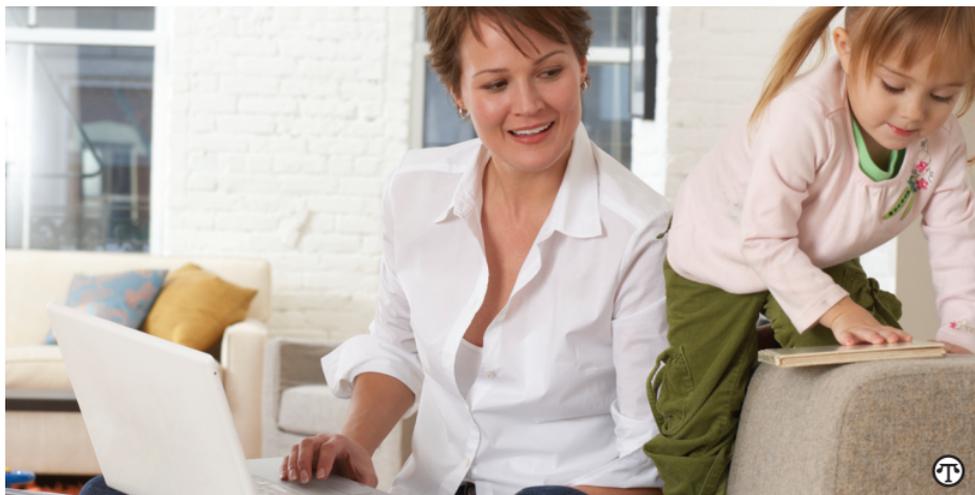


Making Life Easier

Save Time, Trouble And Your Own Skin



For those days when it seems like you need to be a superwoman to get everything done and look good doing it, help is at hand.

(NAPSA)—If you're like many American women, you may feel like there's a lot more on your to-do list than time in the day—but there's help out there and it comes in the form of the GoodSkin Labs Circle.

The Problem

Cooking dinner, checking homework and paying bills all at the same time? Don't worry; you're not alone. According to a recent study by the Center for Work-Life Policy/National Parenting Association, more than 80 percent of working mothers are also responsible for groceries, meals, laundry, cleaning and household administration.

The Solution

To assist and celebrate overextended women everywhere, an online forum has been created that provides support, encouragement, tools and inspiration.

The GoodSkin Labs Circle is a group of women from around the country with the support of dermatologists and other experts. While they can't add more hours to the day, they do offer many time-saving tips and solutions to life's little daily problems.

Time-Saving Tips

Looking for some help right now? Try these hints from the GoodSkin Labs Circle:

- Prioritize your day by making yourself a checklist. Then, look at your list and determine what needs to get done in the next 30 minutes, the next three hours, by the end of the day, by tomorrow and by the end of the week.

- Plan your outfits for the week on Sunday nights—it will help you feel polished and pulled together on those mornings when you barely have time to breathe.

- Sort your silverware in the dishwasher by type to save a few minutes when unloading: all spoons in one compartment, knives in another and so on.

- When concealer just won't do the trick, sweep a white or neutral eye shadow in the outer and inner corners of your eye to brighten the area. Also dab on GoodSkin Labs Tri-Aktiline Instant Deep Wrinkle Filler to fill the fine lines around your eyes.

Learn More

GoodSkin Labs products provide both instant benefits and long-term results. The company uses the newest and safest innovations that science has to offer to create powerful and highly effective skin care. For more information, visit www.goodskinlabs.com/circle or www.facebook.com/goodskinlabs.