

Tailgating Tips

Secrets For Tailgating Success

(NAPSA)—It's no secret that football tailgate cuisine doesn't usually extend much beyond the usual hot dogs, hamburgers, baked beans and potato salad, while pizza, wings and chips often seem to be standard living-room fare. Now it can be easy to score a touchdown with an innovative menu and enhance your Sunday afternoon gatherings.

Whether you opt to throw a tailgate party outside the stadium of your home team or decide to party indoors by the light of the big-screen TV, a little culinary creativity will go a long way. That's why Chef Jim Coleman recommends crowd-pleasing recipes from the "Heinz Field Cookbook."

Each recipe features some of Heinz's grilling favorites such as ketchup, grilling sauce or a pre-made marinade.

Teriyaki Chicken with Sticky Rice

Makes 4 servings

Sushi rice

4 large boneless chicken breasts, sliced

Splash of sesame seed oil

3 tablespoons vegetable oil

1 bottle EZ Marinader

Teriyaki

Toasted sesame seeds

2 packages frozen chopped broccoli

**1 large onion, sliced chunky
nonstick cooking spray
Salt and pepper to taste**

Cook 2 cups rice. Cook sliced chicken in a splash of sesame seed oil and 3 tablespoons vegetable oil. Drain chicken, then put it back in the skillet. Add marinade to the chicken. Sprinkle 3 tablespoons of sesame seeds on chicken. In a separate pot, cook broccoli. In a separate



Teriyaki Chicken can help spice up your next tailgate party.

skillet, spray nonstick cooking spray and lightly sauté onions with salt and pepper. In individual serving bowls, place rice, then broccoli, onion and chicken. Spoon sauce over top, garnish with cashews and serve immediately.

The "Heinz Field Cookbook," features a "dream team" lineup of nontraditional tailgating fare, including tasty dishes that don't require complex preparation or a long cooking time. So rest assured that you'll be able to spend more time watching the game than huddling around the grill.

Proceeds from the cookbook go to *A Glimmer of Hope Foundation*, benefiting breast cancer research. To order, go to www.breastcure.com.

Share your favorite football tailgate, play-off or Super Bowl recipe and win cash and a trip to Heinz Field to attend the opening game of the Pittsburgh Steelers 2005 season. To enter the Heinz Tailgate Playoff Recipe Contest, visit www.heinz.com. Just fill out the entry form and submit your original recipe featuring at least one Heinz product. Good luck and happy tailgating!