



Eye on Health

Seniors Need Regular Eye Exams

(NAPSA)—Regular eye exams can help seniors avoid many of the conditions that cause vision problems.



Regular eye exams can help seniors catch a number of vision conditions in their early—and more treatable—stages.

A number of visual disturbances can occur over time, often without symptoms. Seniors who have regular eye exams frequently will then be able to catch such potential problems before they become untreatable. That's why it's important for older people to see an eye doctor, even when there seems to be nothing wrong with their sight.

Conditions such as cataracts, for example, cause a progressive and painless loss of vision. Similarly, glaucoma, the second-leading cause of blindness in the U.S., has symptoms that can be difficult to recognize without an eye exam. Both conditions can respond better to treatment when diagnosed early.

Also, more “common” disorders that affect seniors can cause major problems if left unchecked. Taking medication, for instance, can become lethal if a label is misread as a result of undiagnosed hyperopia (far sightedness).

For a free brochure and “One Minute Sight-Saver Risk Test” call 1-800-424-8422, ext. 45 and ask for item CYA.