

Simple Ways To Clean And Refresh Your Skin

(NAPSA)—One of the easiest ways to cut the clutter in your bathroom cabinet is to use a multi-purpose product, such as an astringent. These clarifiers, known for their ability to promote clean, clear, healthy skin, also have many unconventional uses.

- When choosing an astringent, opt for one with botanical ingredients. Choose a formula that works with your skin type.

Two of the most popular astringents include Sea Breeze's Original Formula, a classic blend of camphor, peppermint, clove and eucalyptus; and its Sensitive Skin Astringent, which blends cleansing and softening ingredients such as camphor, clove, eucalyptus and glycerin.

Back by popular demand, these astringents, made with botanicals, don't dry out your skin or make it too tight.

Both formulas are available exclusively at Walmart stores.

- Deep cleaning: Wash your skin as normal and moisten a cotton pad with astringent to remove any remaining oil, dirt and makeup. Smooth it over your face and neck and repeat with fresh pads until no trace of dirt is left on the pad.

Deep cleaning your pores can help unclog them and remove blackheads. Astringents also help treat and prevent breakouts, blemishes and acne, rebalancing skin pH and leaving skin feeling clean and refreshed.

Astringents can be used for more than just cleansing the skin. Here are a few alternative uses:



Astringents are a versatile and inexpensive part of any skin care regimen.

- Refresh yourself: Astringents can have an instant cooling effect. Add it to a bucket of ice. Soak a hand towel in the astringent and apply the towel to the back of the neck or dunk your feet in it to cool off.

- Manicure and pedicure use: Apply it to nails and fingertips prior to polish to ensure they are as clean and dry as possible.

- Scalp treatment: If you have coarse or curly hair, astringent can be used prior to shampooing to remove excess oil and dry the scalp cuticle.

- Waxing use: Prior to waxing, apply astringent to remove excess oils. This prevents the wax from sticking to the skin.

- Bug bite remedy: Use astringent to neutralize the sting and itch of mosquito bites.