

## Skin Care And Cosmetic Surgery: Myth Vs. Reality

(NAPSA)—Knowing the truth about skin care now can help you avoid cosmetic surgery later. Here are a few myths and the facts explained by A.F. Kalil, M.D., an internist, beauty guru and well-respected advocate of modern medical aesthetics, who has trained thousands of doctors in the common sense of skin care:

**Myth:** A face-lift will dramatically improve your looks and your life.

**Reality:** There's no magic potion or miracle treatment but some approaches are better than others. A face-lift is radical surgery and should be used only as a last resort and then only in harmony with the overall aesthetics of the patient.

**Myth:** Skin ages; there's not much that can be done about it short of surgery.

**Reality:** The fact is that, with regular attention, you can revitalize your skin for a more youthful effect—without surgery.

**Myth:** Acne and rosacea are almost impossible to fix.

**Reality:** The V.I. Peel™ was invented by Dr. Kalil to help his daughter, who was a teenager suffering from acne. It works well on all skin types including African American, Hispanic and Asian.

**Myth:** Sorry, damage to the skin from exposure to the sun and pollutants can't be repaired.

**Reality:** Chemical skin peels have been used since the time of Cleopatra to repair sun-damaged skin but, until recently, they haven't been very practical for most women. Now, many doctors and their patients are discovering



**Take care of your skin the right way at the right time. To help, there's now a peel available for all skin types that promises no pain and no downtime.**

the benefits of one that requires no lengthy preparation and causes no pain and no downtime. Called the V.I. Peel, it's designed to provide dramatic results in just seven days.

**Myth:** There are all kinds of skin care products on the market. I don't need a doctor to tell me how to take care of my skin.

**Reality:** Most over-the-counter products only moisturize or hide damaged skin or blemishes.

**Myth:** Wrinkles don't go away without cosmetic surgery.

**Reality:** Wrinkles, damage to skin from the sun or the environment, sagging eyes or cheeks—all these signs of aging can dramatically improve with new nonsurgical medical techniques such as Botox, fillers and chemical peels.

For more information, you can call Dr. Kalil at (877) KMP-PEEL [877-567-7335] or visit [www.Kalilmedical.com](http://www.Kalilmedical.com).