



Soothing Your Skin

(NAPSA)—For an herb that's so pretty and so deliciously aromatic, lavender has some surprisingly practical uses.

According to folk wisdom, the flowering herb can repel insects, improve circulation and help induce relaxation and restful sleep.

While the herb is a popular aromatherapy aide for dealing with insomnia or stress, it is also used to help promote healthy, beautiful skin. The herb's antisep-



Herbalists have used lavender since ancient times.

tic, antifungal and anti-inflammatory properties are used to soothe acne, psoriasis, eczema and other skin inflammations.

Because it's a logical addition to skin care products, Canus Goat's Milk Skin Care recently created a new line of lavender products that include a soap bar, lotion and body wash.

As with all Canus products, the new line is made with all-natural fresh goat's milk, is gluten and phosphate free and has never been tested on animals.

Rich in protein, vitamins and minerals, fresh goat's milk is uniquely hydrating and gentle on the skin.

About Canus

Working with goats, the company's mission is to create a healthier, softer, more natural world. For more information, go to www.canusgoatsmilk.com.