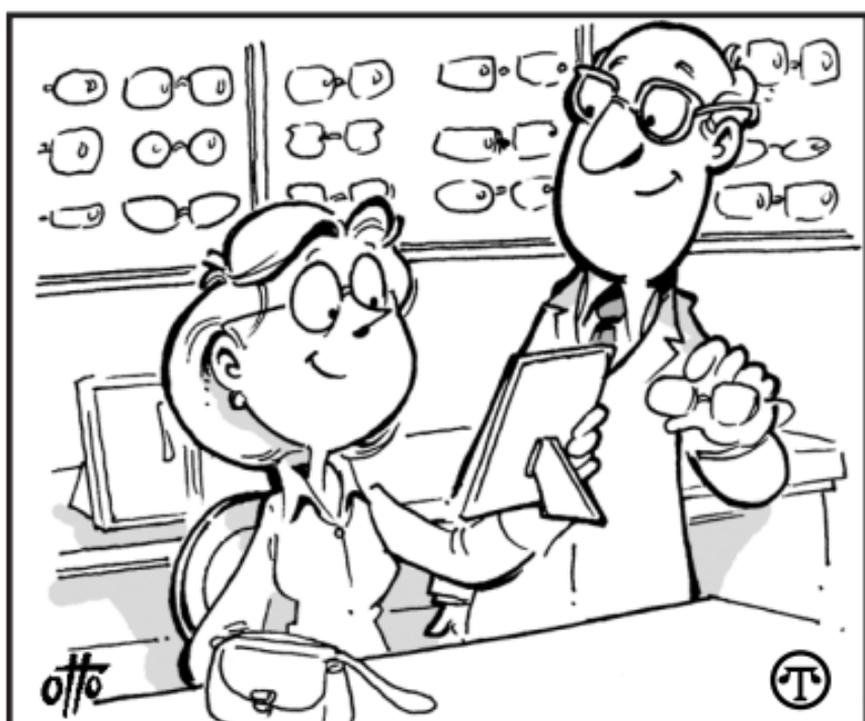


Spend Smart On Eyewear

(NAPSA)—In the hustle and bustle before the holidays, it is easy to forget about spending remaining dollars you may have in your flexible spending account. If you have money left in your account, now is the perfect time to schedule an eye exam or purchase a new pair of eyeglasses.



Many Americans with flexible spending accounts use the money to get their vision checked.

Provided by many employers, a flexible spending account enables you to use pre-tax income to pay for out-of-pocket health expenses, such as an eye exam or a new pair of eyeglasses. Since money is set aside at the beginning of the year, it's important to check how much money you have left so you can be reimbursed for eligible expenses.

Because your vision is so important, the Vision Council of America recommends scheduling an eye exam and utilizing the remaining money in your flexible spending account. Regular eye exams are the best way to ensure that your eyes stay healthy.

An eye exam can also ensure that your prescription remains current, and you can even use your flexible spending account to purchase a new pair of eyeglasses.

For more information about maintaining healthy vision or to find an eye doctor in your area, visit www.checkyearly.com.