

SEE YOUR DOCTOR

Staying Active—Longer Than Ever

(NAPSA)—Today’s “baby boomers” are childlike in their enthusiasm for energetic activities. They love riding bikes, playing tennis and dancing the night away. Now more than ever, experts agree that these types of exercise offer innumerable benefits, including cardiovascular health, improved cognition, increased energy and a happier mood.

Active seniors may be especially interested to know that exercise can help slow the progression of arthritis by curbing weight gain and keeping joints functional. With that in mind, it is important for the active aging population to keep an eye on their knees. Seniors today want to keep moving and this means keeping their joints healthy. For those already coping with knee osteoarthritis (OA), more and more doctors are recommending hyaluronic acid therapy to help relieve the pain that accompanies the disease and hinder patients’ active lifestyles.

Early diagnosis of osteoarthritis



The “baby boom” generation likes to stay active and have fun.

tis can be the key in determining the proper treatment for you or a loved one. One option for treating the pain caused by knee OA is Euflexxa (1 percent sodium hyaluronate). Euflexxa is an injectable therapy, available by prescription, that replenishes the natural fluid found in the knee, allowing for the relief of pain. With less pain, patients may enjoy improved knee joint function.

For more information, speak to your doctor and visit www.Euflexxa.com.