

# BOOKS WORTH READING



## Getting Gorgeous: A Step-By-Step Guide To Your Best Hair, Makeup And Skin

(NAPSA)—Anyone who's endured a string of bad-hair days or a badly timed breakout knows that, at times, beauty can seem unattainable—a lucky perk other women are blessed with at birth. But take a look around and you'll quickly see that there's no surefire (or genetic) formula for looking stunning.

You have a number of unique features that add up to a special beauty of your own. The trick is learning to bring them out and let them shine.

A new book, "Getting Gorgeous: The Step-By-Step Guide to Your Best Hair, Makeup and Skin" (Time Inc. Home Entertainment, \$27.95), written by the editors of In Style, may have the answer. The book says the first step is: Know thyself. Celebrate your individual good looks rather than chasing after an unrealistic ideal. Second, embrace the transformative powers of good hair and makeup: They can help make you feel as amazing as you look.

Beyond that, the details can be easy. Optimize your complexion. Seek out makeup colors that complement your skin tone and don't waste time on trendy looks unless they happen to look beautiful on you. Get the most flattering haircut for your face shape and hair texture but play with highlights and hot curlers, too. Shop smartly: Try on foundation in natural light, read ingredient lists on wrinkle creams and test fragrances for at least a few days before buying.

The book can guide you through the intricacies of getting gorgeous, from teaching you to play up your favorite features to divulging the best products and tools out there.



**Good hair and makeup can make you feel your best.**

Perhaps you can consider this book a source of inspiration, or a springboard. Each chapter offers detailed instruction but also leaves plenty of room for playfulness and experimentation, so you create a look that truly reflects your personality and sense of style.

"Getting Gorgeous" demystifies the secrets of the makeup artists, hairstylists and skin care experts who work with Hollywood's top stars to show you how the beautiful people get that way. From basic information to in-depth Q & A's, "Getting Gorgeous" answers all your fundamental beauty questions.

Filled with famous faces, illustrated charts and step-by-step makeup application techniques, the book provides quick, easy and comprehensive advice for almost any beauty contingency. Everyone has a unique and compelling beauty. The trick is identifying your greatest strengths and making the most of them.

"In Style Getting Gorgeous" is available at bookstores nationwide.