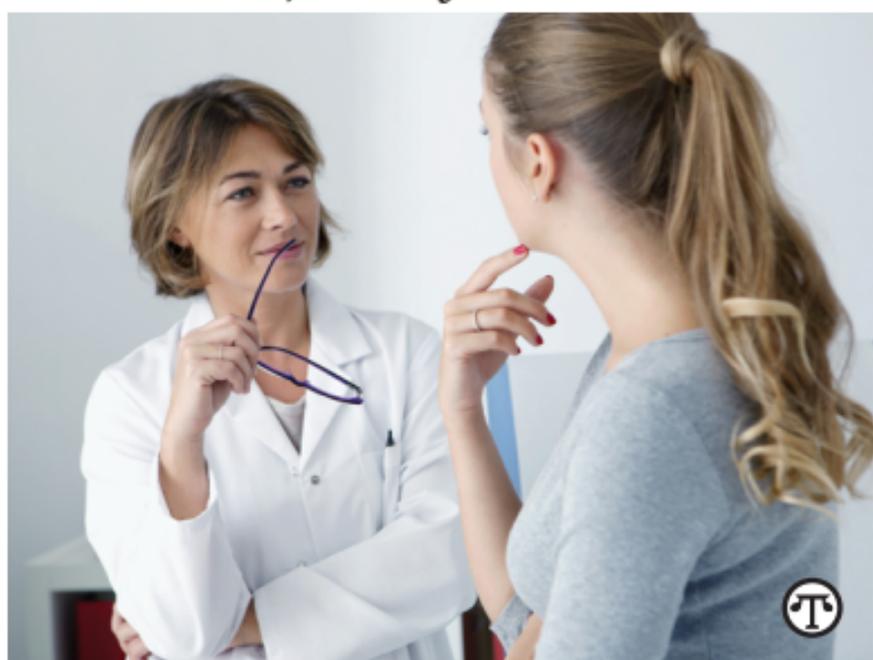


# Studies Show Dietary Supplement Supports Reproductive Function

(NAPSA)—Women may become wiser with age, but they are also at increased risk for having difficulty conceiving. As fertility gradually declines in the 30s, particularly after age 35, the risk of experiencing difficulty conceiving may increase. In addition to age, there are other common reasons why women may experience difficulties conceiving, including irregular ovulation cycles and poor egg quality, which may be associated with stress, lifestyle or diet.



**Women concerned about their ability to conceive should ask their doctor whether a dietary supplement specially formulated for reproductive health can help.**

“Ideally, women concerned about their ability to conceive may want to explore a natural approach before they opt for medical therapies, artificial insemination or assisted reproductive technology,” said Dr. Georgianna Donadio, Director of the Boston-based National Institute of Whole Health.

Multiple research studies report that taking a combination of myo-inositol (a naturally occurring substance produced by the human body from glucose) and folic acid (a B vitamin that promotes cell growth)—in therapeutic doses—promotes menstrual regularity, ovulatory function and higher-quality eggs. Myo-inositol and folic acid are the ingredients in Pregnitude<sup>®</sup>, a doctor recommended dietary supplement for reproductive health. Women should always consult with their doctors before taking any vitamins or supplements. For more information, see [www.pregnitude.com](http://www.pregnitude.com).