

# HEALTH ALERT!

## Study Shows Bands Work

(NAPSA)—Acupressure bands can help reduce nausea in children, according to a recent study by the Wake Forest University School of Medicine.

The study, which focused on cancer patients ages 5 to 19, measured the effects of Sea-Bands elastic bands when worn to decrease the nausea generally experienced after chemotherapy treatment. The bands apply pressure to acupressure points on the wrist and provide an easy-to-use



**Wearing a simple elastic band around the wrist has been shown to reduce nausea in children.**

alternative for children who are scared of the needles used in traditional acupuncture.

The majority of patients (89-95 percent) reported that their expectations of nausea relief were met or exceeded. Half of the patients planned to use the bands in the future and two-thirds said they would recommend the bands to others.

The bands are used as a drug-free way to provide relief from travel sickness and morning sickness. Sea-Bands are available in all major drugstores. For more information, visit [www.sea-band.com](http://www.sea-band.com).