

Health Bulletin

Study Shows Medication Effectively Treats Overactive Bladder

(NAPSA)—A new study indicates that the drug Ditropan XL effectively treats symptoms of overactive bladder. For the 17 million people who suffer from the condition, the results could mean fewer trips to the bathroom and less risk of embarrassing accidents.

Men and women of all ages are affected by the symptoms of an overactive bladder, although the condition is most common among women over 50. Having an overactive bladder can disrupt a person's quality of life, sometimes causing personal issues with sleep, self-esteem, intimacy and even their work.

Symptoms of the condition include having "wetting accidents," experiencing an immediate need to use the bathroom, or going to the bathroom more than eight times per day. These symptoms often cause people with overactive bladders to limit their activities.

Fortunately, a study recently published in the Mayo Clinic's medical journal, *Mayo Clinic Proceedings*, proves that there are effective, easy-to-use medications available to treat overactive bladder. "Specifically, the study findings demonstrate that Ditropan XL reduces overactive bladder symptoms better than the most frequently prescribed medication," says Dr. Rodney Appell, a professor at Baylor College of Medicine who led the study.

"We hope the study helps raise awareness that there are medications available to treat overactive bladder. Once people who are experiencing symptoms learn that they don't have to suffer in silence, we hope they will discuss the condition with their doctor," added Dr. Appell.

For more information, consult your healthcare provider or visit www.DitropanXL.com.