



# Family Fun

## Suggestions For More Fun In The Sun

(NAPSA)—You may find you can have more time and money for life's delights when you heed these 10 hints on warm-weather fun:

**1. Stay safe at poolside.** Keep each child within arm's length at all times; designate an adult as water watcher; ensure that the pool's fence is always locked; and install both gate and pool alarms.

**2. Liven up the landscape.** Use shrubs for form, flowering plants for color and perennials for cheery blooms with little tending.

**3. Beautify your backyard furnishings.** If mildew appears on outside chairs and tables, wash the fabric and dry it in the sun. Then mix together equal parts lemon juice and salt; spread this on the stain. Dry the fabric in the sun again and rinse thoroughly.

**4. Keep toys and tools neat.** Two simple rules for avoiding backyard clutter: Air out wet things by storing them in big mesh bags or open-weave crates. Toss all the little bits into a clear plastic shoe organizer hung on a fence or nearby wall.

**5. Exercise your right to a water workout.** According to the Centers for Disease Control and Prevention, just 21 minutes a day of exercising in a pool can cut your risk of chronic disease. Strength, endurance and balance are all benefits of using water as the resistance. A typical water exercise session of 40 to 50 minutes can burn up to 600 calories.

**6. Keep pool maintenance simple.** You can have a pool that's sparkling clear and inviting with just three simple steps. A new product called SmartPAK from BioGuard provides the three-step care system in one simple kit. It includes chlorine, shock and algicide along with easy-to-read dosage charts to ensure that busy pool owners have the items they need.



**Getting in the swim for fun may be easier than many pool families realize.**

**7. Enjoy your special spa time.** Place flameless LED candles around the edge of the spa. Take tunes into the spa with a floating speaker that connects wirelessly to an MP3 player. Add a soothing scent to the water with single-use aromatherapy packs.

**8. Protect the environment.** Always keep your pool water balanced with the right combination of chemicals. Overworked filters and motors waste energy and hike utility bills.

**9. Keep pets safe.** Before you let a dog jump in, make sure he can get out without damaging the pool or hurting himself. Also check with the vet. Swimming in a pool should be appropriate for the breed. Monitor the water. A typical dog can be the equivalent of about 50 swimmers in the pool, meaning extra vigilance is needed to maintain the chemical balance.

**10. Keep things clean.** A good pool care strategy involves circulation, filtration, cleaning, testing and chemistry. A BioGuard dealer can provide computerized water testing and recommend the best care system for your pool.

Learn more at [www.bioguard.com](http://www.bioguard.com) and (800) 932-5943.