

# See Your Dentist



## Surprising Facts About Eliminating Pain

(NAPSA)—Here's something many of the approximately 35 million people in the United States who suffer from TMJ may be relieved to learn. TMJ, also called TMD, or temporomandibular (jaw joint) disorder, is treatable. A specially trained neuromuscular dentist can help.

### The Problem

The neuromuscular dentists' research is ongoing and they continue to find new science to improve the bite and improve health and well-being. The condition causes migraines and tension headaches, grinding of the teeth, breathing problems and sleep disorders as well as facial pain, neck, shoulder and back pain, clicking or popping in the jaw and limited jaw movement.

### The Dentist

A neuromuscular dentist has specialized, advanced postgraduate training and can effectively treat TMD.

Only 5 percent of the world's dentists are trained in neuromuscular dentistry. They train at The Las Vegas Institute for Advanced Dental Studies.

### The Procedure

To help people with TMD, a neuromuscular dentist performs an in-depth comprehensive evaluation, including a computer analysis of your jaw muscles to find the jaw's most comfortable position. Then a jaw-repositioning orthotic—which looks like an athlete's



**A beautiful smile and restored confidence can come from ending the pain of temporomandibular disorder.**

mouth guard—is used to temporarily maintain this new position. Patients often report pain they have endured for many years dissipates or goes away entirely in a matter of days.

A neuromuscular dentist can fit you with crowns and veneers to permanently hold the new, relaxed, pain-free jaw position.

### The Results

Patients report almost immediate pain relief and end up with a beautiful smile that restores their confidence personally and professionally.

### Learn More

For more information and to find a specially trained neuromuscular dentist nearby, visit [www.leadingdentists.com](http://www.leadingdentists.com).



*Note to Editors: Although November is TMJ Awareness Month, this article can be helpful to your readers at any time.*